BEAPJ IFT CHECKLIST

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IFT Location IFT Show time			
	Things T	o Pack:	
Clothes		Wallet/Keys	0
Shoes		Swimsuit	
Warmies (check we	eather)	Towel	
Water bottle		Plastic bag for wet clothes	
Electrolytes		Paper/Pen or Pencil	
Snacks		Toiletries (if needed)	
Goggles/Mask		Sunblock	
————— Things	I Need To Do	The Night Before:	
Pack bag			
Charge cell phone			
Double check alarr	m is set		