BEAPJ IFT CHECKLIST

————— Things To Confirm: —————					
	IFT Location IFT Show time				
——————————————————————————————————————					
	clothes		fins		
	shoes		swimsuit		
	warmies (check weather)		towel		
	water bottle		plastic bag for wet clothes		
	electrolytes		Paper/Pen or Pencil		
	snacks		toiletries (if needed)		
	goggles		Sunblock		
	mask		wallet/keys		
	—— Things I Need	l To Do	The Night Before:		
	nack hag				
	pack bag				
	charge cell phone				
	double check alarm is set				